



Mind the Mind volunteer

Part of team: Impact Office

Accountable to: Impact Office Coordinator, MtM National Coordinator,
MtM Local Coordinator

Goal: delivering free and accessible workshops about mental health in schools
and youth organisations

Main responsibilities and tasks

- Closely collaborating with your Local Coordinator (they will be your first point of contact)
- Following a soft skills training session
- Contacting possible participating schools and youth organisations
- Promoting MtM among possible local volunteers
- Delivering the workshops
- If you want: taking on extra tasks such as social media management, taking care of external communications, updating our workshops...

Requirements

- Willingness to learn and a proactive, initiative mindset
- Effective communication skills
- Social awareness and a feeling of social responsibility
- A passion for mental health
- Open mindedness
- Good with children and adolescents

Don't worry if you don't tick every requirement listed above.
Enthusiasm is your most important asset!

Practicalities

Your mandate as a volunteer runs from the 1st of September until the 31st of August.

Should you have any questions, please do not hesitate to contact our coordinator via impact@bfps.be.

Apply [here](#)